

<Return-to-School Form (To Be Completed by Parent)>

(Influenza and COVID-19 have separate forms.)

Kodomoen SEIKA Kindergarten

Return-to-School Form (To Be Completed by Parent)

To: _____ (Name of Kindergarten)

Child's Name: _____

Date of Birth: _____ / _____ / _____

Diagnosis (Please check the applicable disease.)

<input type="checkbox"/>	Streptococcal Infection
<input type="checkbox"/>	Mycoplasma Pneumonia
<input type="checkbox"/>	Hand, Foot and Mouth Disease
<input type="checkbox"/>	Erythema Infectiosum (Fifth Disease)
<input type="checkbox"/>	Viral Gastroenteritis (Norovirus, Rotavirus, Adenovirus, etc.)
<input type="checkbox"/>	Herpangina
<input type="checkbox"/>	RSV Infection
<input type="checkbox"/>	Herpes Zoster (Shingles)
<input type="checkbox"/>	Exanthem Subitum (Roseola)

The above diagnosis was made at
(Medical Institution Name) _____
on _____ / _____ / _____.

As my child has recovered to meet the return-to-school guidelines listed on the reverse side and is now in a condition that does not interfere with group activities, he/she will return to school on _____ / _____ / _____.

Date: _____ / _____ / _____

Parent/Guardian Name: _____

To Parents

Childcare facilities are environments where infants and young children spend long hours together in group settings. In order to help prevent outbreaks and the spread of infectious diseases, and to ensure that each child can spend the day comfortably, please refer to the return-to-school guidelines listed above and complete and submit the **Return-to-School Form** accordingly. Thank you for your cooperation.

Overview of Infectious Diseases for Which Parents Complete the Return Form

Disease	Period of Infectiousness	Guideline for Return to School
Influenza	During symptomatic period (most infectious from 24 hours before onset to about 3 days after onset)	5 days have passed since onset AND 2 days have passed since fever resolved (3 days for infants and young children)
COVID-19	5 days after onset	5 days have passed since onset AND 1 day has passed since symptoms improved. <i>For asymptomatic cases, count 5 days from the date of specimen collection (Day 0).</i>
Streptococcal Infection	Before and within 1 day after starting appropriate antibiotics	24–48 hours have passed since starting antibiotics
Mycoplasma Pneumonia	Before and several days after starting appropriate antibiotics	Fever and severe cough have subsided
Hand, Foot and Mouth Disease	Several days after blisters/ulcers appear on hands, feet, or mouth	No fever or mouth pain interfering with eating; able to eat normally
Erythema Infectiosum (Fifth Disease)	About 1 week before rash appears	General condition is good
Viral Gastroenteritis (Norovirus, Rotavirus, Adenovirus, etc.)	During symptoms and up to 1 week after symptoms resolve (virus may be shed for several weeks)	Vomiting/diarrhea have resolved and child can eat normally
Herpangina	Several days during acute phase (virus may be shed in stool for about 1 month)	No fever or mouth pain interfering with eating; able to eat normally
RSV Infection	While respiratory symptoms persist	Respiratory symptoms have resolved and general condition is good
Herpes Zoster (Shingles)	While blisters are present	All lesions have crusted
Exanthem Subitum (Roseola)	—	Fever has resolved and child is in good general condition

*A dash (—) indicates that the infectious period cannot be clearly specified.